

ACADEMIC BENEFITS OF DANCE



Transferred Skills:

Like time-keeping, dedication, and discipline could help kids improve their grades.



Builds Character:

Improved behavior and confidence also improves school performance.



Future Career in Dance:

Kids may even decide to pursue a career in dance.

Dance takes practice: Everything that your child learns in a dance class, from discipline to routine to respect, can be applied in a classroom. This is a major advantage. If they learn time-keeping, dedication, and discipline, for example, their grades could improve. Dancing inspires them to work harder, which may reflect in their schooling.

Dance builds character: If dancing teaches your child better behaviour and confidence, this can also show in their schooling. They'll be more relaxed, confident, and outgoing. They'll also learn how to follow instructions, respect themselves, their peers, and authority. Their demeanour will improve, and they can become better people.

Dance is a skill: Your child is learning and growing and developing a new skill or talent. If they enjoy it, you might find that they'll pursue it seriously. It's just as valid a career as any other, and there are many opportunities to explore.

Everyone can dance. It's innate in us all, whether it's at a party or when no one's watching. It's a powerful practice that has much potential to really unlock skills and happiness.

Dancing is often overlooked. It's not as revered as other art forms such as painting, or singing. But the benefits cannot be overstated.