

SOCIAL BENEFITS OF DANCE



Encourages Socialization:

Children have an opportunity to make new friends and form connections.



Fosters Teamwork:

Working with others teaches teamwork and cooperation.



Builds Respect and Acceptance:

Kids meet and work with others of varying genders and abilities.

Dance is a social activity: Dancing encourages socialisation. Dance classes aren't typically one on one. Your child will have an opportunity to make new friends. This will give them a place to fit in and feel connected to others. Dance teaches us to synchronize, which promotes empathy as well.

Dance involves teamwork: This means that everyone has a part to play in a performance or routine, fostering a sense of teamwork and co-operation. When it's not serious or professional, dance is not competitive. Everyone has their place and forms an important part of a bigger picture.

Dance can teach respect and understanding: Dance doesn't discriminate. Your child will be introduced to others of all walks of life. They'll learn more about society and equality.