

## NORTHERN DANCE CENTRE COVID-19 GUIDANCE

Updated 23/10/21

Our guidance follows official Government advice and will be reviewed and updated as necessary. The health and safety of our children, staff, students and visitors is our primary concern.

Although most legal restrictions have been lifted in England and many people have been vaccinated, it is still possible to catch and spread COVID-19, even if you are fully vaccinated. Northern Dance Centre remains committed to ensuring everyone's safety, therefore we have decided to retain some Covid-19 safety measures at the studio.

We recommend that staff and visitors participate in regular asymptomatic lateral flow testing. But if you have symptoms, please do not travel to the studio.

Check with the NHS if you have symptoms: <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

How to Stay Safe: <https://www.gov.uk/guidance/covid-19-coronavirus-restrictions-what-you-can-and-cannot-do?priority-taxon=774cee22-d896-44c1-a611-e3109cce8eae>

### WHAT WE HAVE DONE TO MAKE THE STUDIOS SAFE

- Weekly deep clean of studios, changing rooms, toilets and communal areas, with social distancing stickers and clear signs on walls and floors
- These will be cleaned again regularly and bins emptied daily
- Sanitising hand gel is available in studios and changing rooms, with dispensers and signs on the walls
- There is a one way system on the 2<sup>nd</sup> floor to enter through the changing room, and exit through Reception
- There are clearly marked spaces for children in the studios
- All Staff are all fully vaccinated but will continue to wear masks/visors
- Children will be discouraged from holding hands or making physical contact with anyone else
- We will continue to ask children to wash or sanitise their hands before and after classes

### WHAT YOU NEED TO DO TO HELP ENSURE WE ALL STAY SAFE:

- If you have any Covid-19 symptoms please stay at home, and keep testing yourself regularly
- There are QR codes visible for you to scan with the NHS Track and Trace app. We encourage all visitors to use this to help control coronavirus (COVID-19) transmission:  
[https://www.gov.uk/government/news/nhs-covid-19-app-launches-across-england-and-wales?utm\\_source=c3eb838c-3d2c-4cf1-8f2d-1adfa30ea86b&utm\\_medium=email&utm\\_campaign=govuk-notifications&utm\\_content=daily](https://www.gov.uk/government/news/nhs-covid-19-app-launches-across-england-and-wales?utm_source=c3eb838c-3d2c-4cf1-8f2d-1adfa30ea86b&utm_medium=email&utm_campaign=govuk-notifications&utm_content=daily)
- Children are to come READY, with hair done and dance uniform on underneath your outdoor clothes, and please don't arrive too early to avoid unnecessary waiting

- Children must sign in at first floor level where everyone can also wash and sanitise their hands.
- We ask you to wear a face covering to enter the building (aged 11 and over) unless you have a valid exemption, in all communal areas and whilst moving around the building.
- Secondary school age children ideally to do a lateral flow test on the day(s) they come to dancing.
- Parents are **NOT** allowed any further up than the first floor; children will go up in groups to the changing room and studios without a parent or guardian.
- Parents of new very young children may accompany their child upstairs for the first lesson.
- Bring just the things you need for your class i.e. water bottle, dance shoes.
- You can use the hand sanitiser on the ground floor and we have our own upstairs at every doorway, and you can wash your hands in the first floor toilets.
- Children can put bags in cubbyholes at the back of the studios; please label everything!
- Older children (11+) to wear masks on arrival and leaving the building.
- Please remind children of the importance of washing/sanitising hands so they do it willingly before/after class!
- Keep in touch with us and check our Facebook page for updates and announcements

We are following current DfE guidance:

<https://www.gov.uk/government/publications/higher-education-reopening-buildings-and-campus-priority-taxon=b350e61d-1db9-4cc2-bb44-fab02882ac25>

as well as guidance for Out-of-School settings:

<https://www.gov.uk/government/publications/protective-measures-for-holiday-or-after-school-clubs-and-other-out-of-school-settings-for-children-during-the-coronavirus-covid-19-outbreak>

Our guidelines are continually reviewed in line with government guidance and are therefore subject to change.